

Shares

We offer two different types of shares:

- vegetables
- eggs

**Vegetables** shares begin in early June and run for 23 shares over 24 weeks (no share the week of July 4th), through mid-November.

**Eggs** are available in half-year/26 week shares: summer (June through November) and winter (December through May).

We also offer **add-on shares**, procured from other local producers. **Mushroom, bread, and coffee** shares run for 26-week summer and winter seasons, like our egg shares. **Fruit** shares run 15 weeks during the vegetables season. When you invest in either of the shares we produce at the Farms, you can enjoy even more local food by also purchasing add-on shares!



How it works

Select the CSA share types and sizes you wish, then decide if you'd like to pick them up or to get home delivery. For home delivery, you must leave out a cooler containing a freezer pack where we can leave your shares if you're not home. Or, select a pick-up site where you can collect your shares the day they're delivered. Each of your shares will be labeled with your name.

About your farmers

While we're not a traditional family farm, our big Farms "family" is a wonderful group! Composed of farm hands, job coaches, farmers who receive job coaching, and others, we are wrangled by Farms Manager Emily Rucker.



*Some, but not all, of your Raccoon Forks Farms team!*

**Raccoon Forks Farms**  
P.O. Box 42, Adel, Iowa 50003  
515/729-8664  
rforksfarm@gmail.com  
[www.raccoonforks.com/raccoon-forks-farms/](http://www.raccoonforks.com/raccoon-forks-farms/)





**CSA SHARES 2023-24**  
**Community-Supported Agriculture**



**Food the Way It Should Be!**  
**Fresh – Healthy – Local & Chemical-Free!**



Become a Raccoon Forks Farms CSA member!

Community-Supported Agriculture (CSA) is a unique partnership between farmers and people who want to purchase fresh, healthy, chemical-free local food, support local farmers, and support the local economy.

- Investment: When you purchase our CSA shares ahead of the growing season, you truly provide "seed money" that we can use for seeds, equipment, repairs, etc. – the necessary things we need in order to raise crops and laying hens.
- Rewards: Your CSA membership is an investment in the Farms, and you share the risks and rewards of farming with us. In return, we share the season's harvest with you!
- Impact: By supporting Raccoon Forks Farms, you participate in good land stewardship, erosion-prevention, and humane treatment of farm animals.



Why choose Raccoon Forks Farms?

When you invest in healthy, chemical-free, local food from Raccoon Forks Farms, you support two important missions:



- 1. We provide employment opportunities to people who have cognitive disabilities, chronic mental illness, and other barriers to employment. These employees fill valued roles in our operations and receive one-on-one job coaching and the support they need to build skills and be successful on the job.
- 2. We take pride in farming sustainably. We don't use any chemicals or hormones at the Farms. Instead, we use crop rotation, cover crops, as little tilling as possible, and compost to grow great produce and improve the health and fertility of our soil. Our chickens are cage-free and pastured – we believe that sunshine, grass beneath their feet, and the ability to forage keep them happy and healthy. In return, they give us rich, delicious brown eggs!



Four ways to order:

- Email us at rforksfarm@gmail.com;
- Call us at 515/729-8664;
- Use the attached order form; or
- Go to [www.raccoonforks.com/raccoon-forks-farms/](http://www.raccoonforks.com/raccoon-forks-farms/) for a downloadable order form

What size shares should you get?

**Vegetables:** available as full shares and half shares.  
**Eggs:** full shares (1 dozen eggs per week) and half shares (half-dozen eggs per week).  
**Bread add-on shares:** full shares (2 loaves of bread per week); half shares (1 loaf per week); and quarter shares (1 small loaf per week). Shares include a regular rotation of wheat bread, ciabatta, and challah, along with occasional "specials" such as cookies and scones.  
**Fruit add-on shares:** full shares.  
**Mushroom add-on shares:** full shares (8 oz. of mushrooms per week) and half shares (4 oz. of mushrooms per week).  
**Coffee add-on shares:** full shares. Shares will provide one pound of freshly roasted coffee per week, whole bean or ground, in light or dark roast.

Payment options:

We thank you in advance for paying in advance! Your investment is a huge help to us in planning and preparing for the farming season to come. You're welcome to pay by credit card (we'll email you a PayPal invoice) or by mailing us a check. We ask that you pay in full, at the time you sign up, for orders totaling \$300.00 or less. If your order is for more than \$300.00, you can a) pay in full at the time you order; or b) pay in 2 to 4 monthly installments, by credit card, according to the schedule below. Please include this information with your order if you choose to pay by installments:

For installments, please check how you'd like to pay:				
Payments due by:				
Installments:	11/30/23	12/31/23	1/31/24	2/28/24
<input type="checkbox"/> 2		50%		50%
<input type="checkbox"/> 3		33%	33%	34%
<input type="checkbox"/> 4	25%	25%	25%	25%

2023-24 Order Form



Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_ City \_\_\_\_\_

Share Type		Size	Price	Duration	Delivery	Start Date	End Date
Winter 2023-2024 eggs	<input type="checkbox"/>	Full share	\$117.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
	<input type="checkbox"/>	Half share	\$78.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
Winter 2023-2024 bread add-on	<input type="checkbox"/>	Full share	\$360.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
	<input type="checkbox"/>	Half share	\$200.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
	<input type="checkbox"/>	Quarter share	\$110.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
Winter 2023-2024 mushrooms add-on	<input type="checkbox"/>	Full share	\$320.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
	<input type="checkbox"/>	Half share	\$175.00	26 weeks	Weekly	Dec. 6 or 7	May 29 or 30
Summer 2024 vegetables	<input type="checkbox"/>	Full share	\$700.00	23 weeks	Weekly*	June 5 or 6	Nov. 13 or 14
*No vegetables week of July 4th	<input type="checkbox"/>	Half share	\$445.00	23 weeks	Weekly*	June 5 or 6	Nov. 13 or 14
Summer 2024 eggs	<input type="checkbox"/>	Full share	\$117.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
	<input type="checkbox"/>	Half share	\$78.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
Summer 2024 fruit add-on	<input type="checkbox"/>	Full share	\$185.00	15 weeks	Weekly	TBD	TBD
Summer 2024 bread add-on	<input type="checkbox"/>	Full share	\$360.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
	<input type="checkbox"/>	Half share	\$200.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
	<input type="checkbox"/>	Quarter share	\$110.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
Summer 2024 mushrooms add-on	<input type="checkbox"/>	Full share	\$320.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
	<input type="checkbox"/>	Half share	\$175.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
Summer 2024 coffee add-on	<input type="checkbox"/>	Full share	\$306.00	26 weeks	Weekly	June 5 or 6	Nov. 26 or 27
Specify type: <input type="checkbox"/> Light roast bean <input type="checkbox"/> Light roast ground <input type="checkbox"/> Dark roast bean <input type="checkbox"/> Dark roast ground							
Total: \$				# of installment payments:			

Pick-up/Delivery

You can pick up your shares at one of the sites below or opt for home delivery. Home delivery is available for locations within our delivery zone at an additional charge of \$6.00 per week. For home delivery, you must set out a cooler, with an ice pack or two, where we can leave your shares if you're not home when we arrive.

Pick-Up Sites

Wednesdays

- ☐ 3-6 p.m. Raccoon Forks Trading Co., 621 Des Moines Street, Des Moines
- ☐ \*Des Moines University (3-6 p.m.)
- ☐ \*Kemin Industries (3-6 p.m.)

\*These sites available to site employees/ students, only

Home Delivery

- ☐ Home delivery

Thursdays

- ☐ 11 a.m.-6 p.m. Wheatsfield Co-op, 413 Northwestern Avenue, Ames
- ☐ \*Sammons Financial Group (3-6 p.m.)
- ☐ 3-6 p.m. Afghan Supermarket, 2600 University Avenue, West Des Moines
- ☐ 4-7 p.m. River to River Bakery & Pizza, 109 North 9th Street, Adel

Home address: \_\_\_\_\_