

Shares

We offer three different types of shares:

- vegetables
- eggs
- frozen broiler chickens

Vegetables are available as summer shares (June through mid-October) and fall shares (mid-October through November). **Eggs** are available in half-year/26-week shares: summer (June through November) and winter (December through May). **Chicken** shares are available any time!

We also offer **add-on shares**, procured from other local farms and Brick Street Bakery.

Fruit shares run 15 weeks during the summer vegetables season; **bread** shares have 26-week summer and winter seasons, like our eggs shares. When you purchase a vegetables share, you can add on a **fruit** share and **bread** share; when you order an eggs share; you can add on a **bread** share.



How it works

Select the CSA share types and sizes you wish, and decide where you'd like to pick them up. We'll deliver your shares to that location and you can pick them up the day they're delivered. Vegetables will be in produce boxes. Eggs and frozen chickens will be delivered in coolers. Each of your shares will have your name on it!

About your farmers

While we're not a traditional family farm, our big Farms "family" is a wonderful group! Composed of farm hands, job coaches, farmers who receive job coaching, and others, we are wrangled by Interim Farms Business Manager Emily Rucker.



Some, but not all, of your Raccoon Forks Farms team!

Raccoon Forks Farms

P.O. Box 42, Adel, IA 50003

515/729-8664

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[www.raccoonforks.com/
raccoon-forks-farms/](http://www.raccoonforks.com/raccoon-forks-farms/)



CSA SHARES 2020-21 Community-Supported Agriculture



Food the Way It
Should Be!
Fresh - Healthy - Local
& Chemical-Free!



Become a Raccoon Forks Farms CSA member!

Community-Supported Agriculture (CSA) is a unique partnership between farmers and people who want to purchase fresh, healthy, chemical-free food, support local farmers, and support the local economy.

- Investment: When you purchase our CSA shares ahead of the growing season, you truly provide "seed money" that we can use for seeds, equipment, repairs, etc. – the necessary things we need in order to raise crops and animals.
- Rewards: Your CSA membership is an investment in the Farms, and you share the risks and rewards of farming with us. In return, we share the season's harvest with you!
- Impact: By supporting Raccoon Forks Farms, you participate in good land stewardship, erosion-prevention, and humane treatment of farm animals.



Why choose Raccoon Forks Farms?

When you invest in healthy, chemical-free, local food from Raccoon Forks Farms, you support two important missions:



1. We provide employment opportunities to people with cognitive disabilities and mental illness. These employees fill valued roles in our operations and receive one-on-one job coaching and the support they need to build skills and be successful on the job.

2. We take pride in farming sustainably. We don't use any chemicals or hormones at the Farms. Instead, we use crop rotation, cover crops, as little tilling as possible, and our own compost to grow great produce and improve the health and fertility of our soil. Our chickens are cage-free and pastured – we believe that sunshine, grass beneath their feet, and the ability to forage keep them happy and healthy. In return, they give us rich, delicious brown eggs and wonderful meat!



Four ways to order:

- Use the attached order form;
- Go to www.raccoonforks.com/raccoon-forks-farms/ for a downloadable order form;
- Call us at 515/729-8664; or
- Email us at rforksfarm@gmail.com

What size shares should you get?

- Our **vegetables** are available as full and half shares. Traditional recommendations are a half share for 1-2 people and a full share for 3-4 people – but it also depends on how much produce you like! Bearing in mind that what we grow changes from week to week and year to year, here are the contents of one mid-summer full share, to give you an idea:

- Cucumbers
- Beets
- Kale
- Cilantro
- Sugar snap peas
- Red and white new potatoes
- Daikon radishes
- Summer squash

- **Eggs** are available as full shares (1 dozen eggs per week) and half shares (half-dozen eggs per week).
- **Frozen broiler chickens** – The number of chickens per share varies depending on their sizes, but each share will total 15+ pounds of chicken. You can order chicken shares any time and receive them in individual or batch deliveries, upon request. Just let us know by Monday of the week you'd like to receive 1 or more of your birds, and we'll bring them to your pick-up site that week.
- **Bread add-on shares** are available in full shares (two loaves of bread per week) and half shares (one loaf of bread per week). Shares include a regular rotation of wheat bread, ciabatta, and challah, along with monthly "specials" such as muffins and cinnamon bread.
- **Fruit add-on shares** come in full shares.

Fall 2020-Winter/Summer 2021 Order Form



Name _____ Email _____ Phone _____ City _____

Share Type		Size	Price	Duration	Delivery	Start Date	End Date
Summer 2020 eggs*	<input type="checkbox"/>	Full share	\$95.00	26 weeks	Weekly	June 3 or 4	Nov. 25 or 26
	<input type="checkbox"/>	Half share	\$58.00	26 weeks	Weekly	June 3 or 4	Nov. 25 or 26
Summer 2020 bread add-on to eggs share*	<input type="checkbox"/>	Full share	\$240.00	26 weeks	Weekly	June 3 or 4	Nov. 25 or 26
	<input type="checkbox"/>	Half share	\$150.00	26 weeks	Weekly	June 3 or 4	Nov. 25 or 26
Frozen broiler chickens	<input type="checkbox"/>	N/A	\$50.00	N/A	Upon request	N/A	N/A
Winter 2020-21 eggs	<input type="checkbox"/>	Full share	\$95.00	26 weeks	Weekly	Dec. 2 or 3	May 26 or 27
	<input type="checkbox"/>	Half share	\$58.00	26 weeks	Weekly	Dec. 2 or 3	May 26 or 27
Winter 2020-21 bread add-on to eggs share	<input type="checkbox"/>	Full share	\$240.00	26 weeks	Weekly	Dec. 2 or 3	May 26 or 27
	<input type="checkbox"/>	Half share	\$150.00	26 weeks	Weekly	Dec. 2 or 3	May 26 or 27
Summer 2021 vegetables	<input type="checkbox"/>	Full share	\$550.00	20 weeks	Weekly	June 2 or 3	Oct. 13 or 14
	<input type="checkbox"/>	Half share	\$345.00	20 weeks	Weekly	June 2 or 3	Oct. 13 or 14
Summer 2021 fruit add-on to vegetables share	<input type="checkbox"/>	Full share	TBD	15 weeks	Weekly	TBD	TBD
Summer 2021 bread add-on to eggs and/or vegetables shares	<input type="checkbox"/>	Full share	\$240.00	26 weeks	Weekly	June 2 or 3	Nov. 24 or 25
	<input type="checkbox"/>	Half share	\$150.00	26 weeks	Weekly	June 2 or 3	Nov. 24 or 25
Fall 2021 vegetables	<input type="checkbox"/>	Full share	\$225.00	6 weeks	Weekly	Oct. 20 or 21	Nov. 24 or 25
	<input type="checkbox"/>	Half share	\$175.00	6 weeks	Weekly	Oct. 20 or 21	Nov. 24 or 25
Total: \$							

*Summer 2020 shares have already started but can be ordered on a prorated basis until November 18, 2020.

Payment options:

We thank you in advance for paying in advance! Your investment is a huge help to us in planning and preparing for the farming season to come. You are welcome to pay by credit card (we'll email you a PayPal invoice) or by mailing us a check.

We ask that you pay in full, at the time you order, for shares of eggs and frozen broiler chickens. If you are ordering one or more vegetables shares, you can a) pay in full at the time you order; or b) pay in installments, by credit card. If you are ordering other types of shares as well as vegetables, you are welcome to pay for the combined total in installments.

For installment payments for Summer 2021 vegetables shares, please check how you'd like to pay:

Number of Installments	11/30/20	12/31/20	1/31/21	2/28/21
<input type="checkbox"/> 2		50%		50%
<input type="checkbox"/> 3		33%	33%	34%
<input type="checkbox"/> 4	25%	25%	25%	25%

Most of our regular pick-up sites are unavailable due to the pandemic. We'll continue to add sites as we are able.

Please check where you'd like to pick up your share(s):

Wednesdays:

- 1-2 p.m. Hubbell Realty parking lot, 6900 Westown Parkway, West Des Moines
- 3-5 p.m. Des Moines Community Playhouse, 831 42nd Street, Des Moines – east parking lot
- *Kemin Industries (3-6 p.m.)
*Available to Kemin employees, only

Thursdays:

- 1-2 p.m. Stacey's Bridal parking lot, 11161 Plum Drive, Urbandale
- 3-6 p.m. W heatsfield Co-op, Ames